



HINDUSTHANI TAALA VAADYA TABLA JUNIOR GRADE 1st Year

COURSE OUTLINE

INTRODUCTION

The Tabla is a traditional Indian percussion instrument consisting of a pair of small, hand-played drums. It has been a significant part of Indian classical music for centuries, providing rhythmic accompaniment to various genres such as Hindustani and Carnatic classical music. The instrument comprises two drums: the smaller, higher-pitched drum is called the "dayan," while the larger, lower-pitched drum is the "bayan." Tabla players use a combination of finger and hand movements to produce intricate rhythms and patterns, creating a dynamic and expressive element in Indian music performances.

Pascul is providing a unique opportunity for students to learn Hindusthani Taala vaadya in a systematic curriculum and a clear path of progression.

OVERALL OBJECTIVES

1. **Fundamental Rhythms:** Develop a strong foundation by mastering basic tabla rhythms (taals) such as Teental and Dadra.
2. **Hand Technique:** Focus on precise hand movements and finger control to produce clear and distinct sounds on different parts of the tabla (dayan and bayan).
3. **Bol System:** Learn the bol system, which consists of mnemonic syllables used to represent different strokes on the tabla. This is crucial for understanding and memorizing compositions.
4. **Compositions:** Work on traditional tabla compositions (bandishes) to enhance your repertoire and gain a deeper understanding of rhythmic patterns and structures.
5. **Speed and Precision:** Gradually increase your speed while maintaining accuracy in your playing. This involves practicing with a metronome and gradually pushing your limits.
6. **Accompaniment Skills:** Learn how to accompany other instruments or vocalists, understanding the role of the tabla in different musical settings.
7. **Improvisation:** Develop the ability to improvise within the framework of a given taal or composition, showcasing creativity while staying within traditional rhythmic structures.
8. **Listening Skills:** Cultivate a keen ear by listening to various tabla performances, understanding different playing styles, and recognizing the nuances in rhythm.
9. **Understanding Tala:** Gain a deep understanding of the concept of tala (rhythmic cycle) and its variations, and how it is applied in different musical contexts.
10. **Performance Confidence:** Build confidence in performing solo or as an accompanist, understanding the nuances of stage presence and connecting with the audience.

Method of Assessment

SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1 (Group of 10 Students)	June/July/ <u>August</u>	10
2	Practical Assessment 2 (Group of 8 Students)	September/October/ <u>November</u>	10
3	Practical Assessment 3 (Group of 5 Students)	December/January/ <u>February</u>	10
4	Practical Assessment 4 (5 or 3 Students)	March/April/ <u>May</u>	10
6	Project Submission, Dairy,Notes		5+5=10
			50

Note: Performance may be in group but marks will be allotted individually.

Schedule of Teaching

Periods	Topic	Subtopic	Class activity
1	Introduction to Tabla	Benefits & Learning Method of Tabla	Explanation Writing, Playing & Practicing Taal on Hand
	Basics	2 Matra Bols – Ti ta	
	Part – 1	3 Matra Bols – Ka ti ta	
2	Basics	Revision	
	Part -1	3 Matra Bol – Di ti ta (Letars)	
3	Basics	Revision	
	Part -1	3 Matra – Na ti ta	
4	Basics	1,2,3 and 4 Bol Revision	
5	Basics	Fingar Moment (Riyaz)	
6	Basics in Tabala	4 Matra Bol - Keketita	
	Part - 2	4 Matra Bol - Gegetita	
7	Basics	Revision	
	Part - 2	4 Matra Bol - Gegetita	
8	Basics	Revision	
	Part - 2	4 Matra Bol – Tirakita	
9	Basics	Revision	
		2 tempo practice	
10	Basics	6 Matra Bol - Tirakitataka	
11	Basics	Revision,	

Periods	Topic	Subtopic	Class activity
12	Basics	Na +Ge =Dhadha	Explanation Writing, Playing & Practicing Taal on Hand
		Dhadha Dhadha [2 times]	
13	Basics	Revision	
		Tha tha, Dhin, Tin , Kath	
14	Basics	Revision	
		Part -1 , Part -2	
	Taala – Dadra	Introduction	
		1 2 3 4 5 6 Dha Dhi Nna Dha Tho Nna	
15	Basics	Revision	
	Taala – Dadra	Revision	
16	Taal – Dhadra	Different Type - 1	
	Badal Theka	Dha Dhi Nana DhaThu Nana	
17	Taal – Dadra	Different Type – 1 Revision	
	Badal Theka	Revision	
18	Taal - Dadra	Different Type - 2	
	Badal Theka	Dha Dhi Nati DhaThu Nati	
19	Taal - Dadra Badal Theka	Different Type – 2 Rivision	
	Basics	Revision	
20	Taal – Dadra	Different Type – 3 Dha Dhi Na ka DhaThu Na ka	
	Basics	Revision	
21	Taala - Dadra	Rivision	
	Badal Theka		
	Basics	Revision	
22	Dadra	Different Type - 4	
	Badal Theka	Dha Tira kita Tha Dhi Na	
23	Dadra	Revision	
	Basics	Revision	
24	Dadra	1, 2, 3, 4 Types Revision	
	Badal Theka		
	Badal Theka	Rivision	
25	Taal – Keherva	Introduction and Theka bol	
		1 2 3 4 5 6 7 8	
		Dha Ge Na Ti Na Ka Dhi Na	
26	Taal – Keherva	Revision	
	Basics	Revision	

Periods	Topic	Subtopic	Class activity
27	Taal – Keherva Matra	Type - 1 1 2 3 4 5 6 7 8	Explanation Writing, Playing & Practicing Taal on Hand
	Badal Theka	Dha Dhi Na Na Tha Ti Na Na	
28	Taal – Keherva	Revision	
	Basics	Revision	
29	Taal – Keherva	Type -2	
	Badal Theka	Dha Dha Ti Ta Tha Tha Dhi Na	
30	Taal – Keherva	Revision	
	Badal Theka		
31	Taal – Keherva	Type –3	
	Badal Thekha	Dha Dha Tira Kita Tha Tha Dhi Na	
32	Taal – Keherva	Revision	
	Badal Theka		
	Basics	Part – 1 Revision	
33	Taal – Keherva	Type – 4	
	Badal Theka	Dha Ti Tha Tha Tha Ti Dha Dha	
	Basics	Part – 2 Revision	
34	Taal – Keherva	Different Type -4 Revision	
	Badal Theka		
	Basics	Part - 1 Revision	
35	Basics	Part – 2 Revision	
	Theory	Paribhashika shabdagalu	
		Matra Taal, Theka Laya	
36	Basics	Part - 1 Revision	
	TeenTaal Dilli kayda	Prakara – 1	
	TeenTaal Dilli kayda	Prakara –1 Revision[fingar method practice]	
37	Basics	Part - 1 Revision	
	TeenTaal Dilli kayda	Revision [10 times]	
38	Basics	Revision	
	TeenTaal Dilli kayda	Palta or Prakara - 2	
39	Basics	Part -2 Revision	
	TeenTaal Dilli kayda	Revision	
40	Basics	Revision	
	TeenTaal Dilli kayda	Palta – 3 Revision	
41	Basics	Revision	
	TeenTaal Dilli kayda	Palta – 4	

Periods	Topic	Subtopic	Class activity
42	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand
	TeenTaal Dilli kayda		
43	Basics	Revision	
	TeenTaal Dilli kayda	Paltas – 1,2,3 & 4	
44	Basics	Part – 1 & 2	
	TeenTaal Dilli kayda	Paltas – 1,2,3 & 4 Revision	
45	Basics	Revision	
	TeenTaal Dilli kayda	Palta - 5	
46	Basics	Revision	
	TeenTaal Dilli kayda		
47	Basics	Revision	
	TeenTaal Dilli kayda	Palta - 6	
48	Basics	Revision	
	TeenTaal Dilli kayda	Revision	
49	Basics	Revision	
	TeenTaal Dilli kayda	Palta - 7	
50	Basics	Revision	
	TeenTaal Dilli kayda		
51	Basics	Revision	
	TeenTaal Dilli kayda	Palta - 8	
52	Basics	Revision	
	TeenTaal Dilli kayda	Revision	
53	Basics	Revision	
	TeenTaal Dilli kayda	Paltas – 5,6,7.& 8 Revision	
54	Basics	Revision	
	TeenTaal Dilli kayda	Paltaas – 1,2,3,4,5,6,7 & 8 Revision	
55	Basics	Revision	
	Teen Taal Badal Theka	Type -1 (Different techniques)	
56	Basics	Revision	
	Teen Taal Badal Theka		
57	Basics	Revision	
	Teen Taal Badal Theka	Type - 2	
58	Basics	Revision	
	Teen Taal Badal Theka		
59	Theory	Characteristics of Taala	
	Basics	Revision	
59	Basics	Revision	
	Teen Taal Badal Theka	Type - 3	

Periods	Topic	Subtopic	Class activity
60	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand
	Teen Taal Badal Theka		
61	Basics	Revision	
	Teen Taal Badal Theka	Type - 4	
62	Basics	Revision	
	Teen Taal Badal Theka		
63	Basics	Revision	
	Teen Taal Badal Theka		
64	Basics	Revision	
	Teen Taal Badal Theka	Type – 1,2,3, & 4 Revision	
65	Basics	Different style Part - 1	
	Teen Taal Purab kayda	1 st palta	
66	Basics	Revision , Dugan Laya, palta - 1	
	Teen Taal Dilli kayda		
67	Basics	Revision , Dugan Laya Palta - 2	
	Teen Taal Dilli kayda		
68	Basics	Revision	
	Teen Taal Purab kayda	2 nd palta	
69	Basics	Revision, Dugan Laya Palta - 2	
	Teen Taal Dilli kayda		
	Theory	Paribhashika shabdaganu Vadan , Sam, Husi [Khali] ,Pettu, Vilambit, maddya laya, Drut laya	
70	Basics	Revision	
	Teen Taal Purab kayda	3 rd palta	
71	Basics	Revision	
	Teen Taal Purab kayda	4 th palta	
72	Basics	Revision, Dugan Laya Palta - 4	
	Teen Taal Dilli kayda		
73	Basics	Revision	
	Teen Taal Purab kayda	5 th palta	
74	Basics	Revision , Dugan Laya Palta - 5	
	Teen Taal Dilli kayda		
75	Basics	Revision	
	Teen Taal Purab kayda	6 th palta	
76	Basics	Revision , Dugan Laya Palta - 6	
	Teen Taal Dilli kayda		

Periods	Topic	Subtopic	Class activity
77	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand
	Teen Taal Purab kayda	7 th palta	
78	Basics	Revision , Dugan Laya Palta - 7	
	Teen Taal Dilli kayda		
79	Basics	Revision	
	Teen Taal Dilli kayda	Dugn Laya Palta - 7	
80	Basics	Revision	
	Saat sangat	Introduse	
	Theory	Importance of Basics	
81	Basics	Revision	
	Saat sangat		
82	Basics	Revision	
	Saat sangat	Method	
83	Basics	Revision	
	Saat sangat	Playing the Tabla with singing	
84	Basics	Revision	
	Saat sangat	Importence	
	Theory	Details in All Taalas	
85	Basics	Revision	
	Saat sangat	Playing the Tabla with singing defferent style	
86	Basics	Revision	
	Tabla solo	Introduction	
87	Basics	Revision	
	Tabla solo	Method	
88	Basics	Revision	
	Tabla solo	Introduction of Peskar , Different kayda & Rela	
89	Basics	Revision	
90	Basics	Revision	
	Tabla solo	Introduction of Mukda , Chakrdhar	
91	Basics	Revision	
	Tabla solo	Introduction of Chalan	
92	Basics	Revision	
	Tabla solo	Importence of Tabla	
93	Basics	Improment the basics	
	Taala	Practicing method of Taala	

Periods	Topic	Subtopic	Class activity
94	Basics	Improment the Fingars	Explanation Writing, Playing & Practicing Taal on Hand
	Kayda & Taal	Practicing method of Kyada and Taala	
95	Basics	Improvement of Laya	
	Taala	Learn to Create Taala by using Bol	
96	Basics	Revision	
		Sound Culture, Taala	
	Taala	Different Layakri	
	Theory	Taala indetail, Elements of Tabla	
	Kayda & Taal	Introduction and Method	
97,98, 99, 100, 101, 102	Basics	Theory - Paribhashika shabdagalu and Characteristics of Taal , Project work on Kayda & Taala , Old Question papers solving	